\begin{center}
\begin{tabular}{V{2.7}c|c|cV{2.7}}\hlineB{2.7}
1st &First &I \\hline
2nd &Second &II \\clineB{1-2}{.5}
3rd &Third &III\\hlineB{2.7}
\end{tabular}
\end{center}

1st	First	I
2nd	Second	II
3rd	Third	III

\begin{center}
\begin{longtable}{V{2.7}c|c|cV{2.7}}\hlineB{2.7}
1st &First &I \\hline
2nd &Second &II \\clineB{1-2}{.5}
3rd &Third &III\\hlineB{2.7}
\end{longtable}
\end{center}

1st	First	Ι
2nd	Second	II
3rd	Third	III